International SPINE Master Course

Hellenic Association of Orthopaedic Surgery & Traumatology

In collaboration with:
Cambridge University Hospitals
NHS Foundation Trust

ISMC
International SPINE Master Course 2016

09-12 June
H.A.O.S.T. - Athens

With the scientific collaboration of:
Hellenic Spine Society

Program
Δώστε στο σώμα σας... 
...την υγεία που του αξίζει!

Λεωφ. Μαραθώνος 2
& Καρδίτσας 2, Άγ. Στέφανος
Τηλ: 210 8134197
Fax: 210 6827409
Κιν: 6944 143793
E-mail: xenofeli@otenet.gr
www.physio-kinisi.gr

खेलक्रिक सेंटर - 
फिजिओथेरैपी एंड टेकर थेरापी

ξενοφών ι. χατζησαράντος
πτυχιούχος फिजिओथेरैपी, टई अर्थन
कार्यकारी फिजिओ अग्रणी एन अथलीटिक्स
Pανεπιστήμio Αθηνών
Welcome Address

Dear colleagues,

I have the honor and pleasure to invite you at the International Spine Master Course, which will be held in Athens, at the Amphitheater of the Hellenic Association of Orthopaedic Surgery & Traumatology, on June 09-12.

The Course is being held in collaboration with Cambridge University Hospitals, NHS Foundation Trust as well as with the scientific collaboration of Hellenic Spine Society.

The broad scale topics that will be developed by prominent scientists during the Spine Master Course will certainly cover a wide range of the cases that we call to face every day.

In expressing my thanks for the support and interest, we will be happy to welcome you to this major scientific event,

Sincerely,

Dr. Panos A. Efstathiou
President H.A.O.S.T.
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<td>• Tissue Engineering, Cellular sources for nucleous pulposus</td>
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<td>regeneration, D. Kletsas</td>
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<td>• Spine Biomechanics &amp; Bio - Engineering, V. Igoumenou</td>
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<td>• State of the art in the sagital balance, Th. Patsiaouras</td>
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<td>• Current investigation techniques in spinal problems, A. Kelekis, G.</td>
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<td></td>
<td>• Current methods of operative treatment for Idiopathic Adolescent</td>
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<td>Scoliosis, A. Christodoulou - S. Papastefanou</td>
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<td></td>
<td>• Current methods for operative treatment for Adolescent Kyphosis,</td>
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<td>L. Kollitzas</td>
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<td>• Rib Resection versus osteotomy for correction of rib deformity,</td>
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<td>P. N. Soucacos</td>
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<td></td>
<td>• Operative treatment for 4th &amp; 5th Degree Spondylolisthesis -</td>
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<td>Spondyloptosis, S. Pneumatikos</td>
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<td>• Operative treatment for Adult Scoliosis, S. Papastefanou</td>
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<td>• Spondyloptosis: cases discussion, P. N. Soucacos - G. Sapkas</td>
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<td>15.15-16.00</td>
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16.00-18.00
- Spinal Trauma, I. Sergeevich Timofeev
- Minimally invasive spine surgery-why, when and how?, R. Trivedi

18.00-18.30
Break

18.30-20.30
Tumors
Moderators: Th. Patsiaouras - V. Barbounis
- Staging methods of spinal metastases, Th. Kormas
- Spino - pelvic malignant primary tumors, P. Papagelopoulos
- Bio - pharmaceutical treatment, C. Christodoulou - G. Economopoulos
- Chemotherapy, V. Barbounis
- Radiotherapy, Ath. Dimopoulos
- Operative treatment, G. Sapkas

20.30-20.45
General Information, P. Efstathiou - G. Sapkas
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<td>09.00-10.30</td>
<td><strong>Deformities: Part II</strong>&lt;br&gt;Moderators: G. Sapkas - P. Christodoulou&lt;br&gt;• Neuropathic scoliosis, P. Krallis&lt;br&gt;• Myelodysplasia, P. Krallis&lt;br&gt;• Post - paralytic deformity, N. Sekouris&lt;br&gt;• Flat Back deformities: causes &amp; treatment, P. Christodoulou</td>
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<td>10.30-10.45</td>
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<td>10.45-12.15</td>
<td><strong>Inflammatory Diseases</strong>&lt;br&gt;Moderators: P. Christodoulou - D. Dovris&lt;br&gt;• Ankylosing Spondylitis: cervico - thoracic osteotomies, D. Bouramas&lt;br&gt;• Ankylosing Spondylitis: thoraco - lumbar osteotomies, D. Bouramas&lt;br&gt;• Ankylosing Spondylitis: lumbar osteotomies, V. Lykomitros&lt;br&gt;• Rheumatoid Arthritis: occipito - atlanto - axial junction instability &amp; treatment, D. Bouramas</td>
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<td>12.15-13.45</td>
<td><strong>Degeneration: Part I</strong>&lt;br&gt;Moderators: P. Krallis - N. Sekouris&lt;br&gt;• Cervical disc, J. Magras&lt;br&gt;• Cervical stenosis, J. Magras&lt;br&gt;• Complex cervical cases: Craniovertebral Junction (3D), R. Trivedi</td>
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<td>Case Studies - Discussion: G. Sapkas, P. Efstathiou</td>
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<td>15.00-16.00</td>
<td>Case Studies: I. Sergeevich Timofeev, R. Trivedi</td>
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16.00-17.30
Degeneration: Part II
Moderators: Th. M. Grivas - J. Vlachos
• Thoracic disc, Ath. Spiliotopoulos
• Thoracic stenosis, Ath. Spiliotopoulos
• Lumbar disc, P. Efstathiou
• Pelvic Girdle Pain, J. Vlachos

17.30-18.00
Break

18.00-19.30
Degeneration: Part III
Moderators: J. Magras - M. Tsafantakis
• Lumbar stenosis, P. Efstathiou - G. Kelalis
• Lumbar Spondylosis & Spondylolisthesis 1st - 2nd - 3rd Degree, M. Tsafantakis - S. Moschos
• Interspinous implants, Th. M. Grivas
• Complications Avoidance: Role of Spinal navigation, R. Trivedi

19.30-19.45
General Information, G. Sapkas - Th. Kormas
# Scientific Program

**Saturday, 11 June 2016**

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<td>• Discoplasty, D. Dovris</td>
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<td>• Kyphoplasty, S. Skriviliotakis</td>
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<td>10.30-11.00</td>
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<td>11.00-12.30</td>
<td><strong>Minimally Invasive Surgery: Part II</strong></td>
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<td>Moderators: S. Skriviliotakis - D. Dovris</td>
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<td>• Basic Anatomical Principles of the Minimally Invasive Spine Surgery (MIS), A. Zibis</td>
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<td>• Moderns methods of treatments, I. Papanastassiou</td>
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<td>• Minimal invasive spinal fusion with expandable cage, V. Vougioukas</td>
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<td>14.30-17.00</td>
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<td>• Occipito-atlanto-axial, D. Bouramas</td>
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<td>• Upper Cervical Spine, K. Soultanis</td>
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<td>• Cervical Trauma</td>
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<td>• Cervico-Thoracic junction, D. Bouramas</td>
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<td>• Operative treatment for thoraco-lumbar junction, P. Korovesis</td>
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<td>• Operative treatment for lumbosacral injuries, P. Korovesi</td>
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<td>• Osteoporotic fractures, E. Panagiotopoulos</td>
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17.00-17.30  Break

17.30-19.30  Spinal Cord Injury: Part I
Moderators: E. Panagiotopoulos, A. Ploumis
- Conservative treatment: pharmacological treatment, D. Dovris
- The role and the timing of surgical intervention, G. Sapkas
- Cellular transplantation therapies, D. Prokopakis
- Spine surgery: complications and treatment, V. Vougioukas

19.30-19.45  General Information, P. Efstathiou - G. Sapkas
Scientific Program

Sunday, 12 June 2016

08.45-09.00  General Information, P. Efstathiou, G. Sapkas

09.00-10.00  Spinal Cord Injury: Part II
Moderators: D. Prokopakis, E. Manaos
• Tetraplegic - Paraplegic, E. Manaos
• Nursing care for spinal problems, Z. Manolidou
• The role of society, P. Karagounis

10.00-11.45  The Spinal Pain: Part I
Moderators: G. Spanos, K. Kotsifi
• Epidemiology, E. Isaia
• Lumbar Pain, M. Karavis
• The Unsolved Hip-Spine Syndrome, G. Babis
• Motor Control, E. Mitsiokapa

11.45-12.15  Break

12.15-13.45  The Spinal Pain: Part II
Moderators: Z. Manolidou, E. Mitsiokapa
• Exercise and Therapeutic intervention, A. Sideris
• Manual Techniques, K. Balakatounis
• Mechanical diagnosis and therapy, G. Spanos
• Education and Prevention, K. Kotsifi

13.45-14.00  Conclusions, P. Efstathiou, G. Sapkas
Faculty

Babis G.
MD, PhD, Professor & Chairman,
2nd Department of Orthopaedic Surgery,
School of Medicine, National & Kapodistrian University of Athens

Balakatounis K.
DPT, MSc

Barbounis V.
MD, Medical Oncologist, Director
3rd Dept. of Medical Oncology,
“Metropolitan” Hospital

Bouramas D.
MD, PhD, Consultant Neurosurgeon,
Athens Bioclinic

Christodoulou A.
Professor of Orthopaedics,
Chair 1st Orthopaedic Department,
Aristotle University of Thessaloniki

Christodoulou C.
MD, Medical Oncologist,
Director of 2nd Oncology Department,
“Metropolitan” Hospital

Christodoulou P.
MD, PhD, Deputy Director
2nd Orthopaedic Department,
424 General Army Hospital Thessaloniki

Dimopoulos Ath.
MD, Head of Radiology Oncology Department, “Metropolitan” Hospital

Dovris D.
MD, PhD, Orthopaedic Surgeon,
“Metropolitan” Hospital, Neo Faliro, Athens

Economopoulos G.
MD, MSc, Consultant in Medical Oncology, 2nd Oncology Department,
“Metropolitan” Hospital of Athens

Efstathiou P.
MD, PhD, Orthopaedic Spine Surgeon - President of Hellenic Association of Orthopaedic Surgery and Traumatology

Grivas Th. M.
MD, Orthopaedic Surgeon, Vice Admiral (ret.) HN

Igoumenou V.
MD, PhD, Orthopaedic Resident

Isaia E.
MD, MSc, Anesthesiologist,
Head of Pain, Dept. “Hygeia” Hospital

Karagounis P.
MD, MSc, PhD in Sports Medicine, Physical Medicine and Rehabilitation Specialist

Karavis M.
MD, Spec in rehabilitation Medicine & Physiatry, Director of Acupuncture Department Rehab. Med. Center “Filoktitis”

Kelalis G.
MD, Orthopaedic Surgeon, Consultant Spine Clinic, “Metropolitan” Hospital

Kelekis A.
MD, PhD, EBIR., Associate Professor of Interventional Radiology, National and Kapodistrian University of Athens, “Attikon” University Hospital - 2nd Radiology Dpt.

Kletsas D.
Research Director - Head of the Laboratory of Cell Proliferation & Ageing - NCSR “Demokritos”
Kollitzas L.
MD, Attending Orthopaedic Surgeon, General Hospital

Kormas Th.
MD, PhD, Clinical Director, Head of Orthopaedic Surgery and Bone Tumors Division, “St. Savvas” Hospital, Secretary General of the Hellenic Association of Orthopaedic Surgery and Traumatology

Korovesis P.
MD, PhD, Chief Orthop. Department, General Hospital Patras Greece

Kotsifi K.
MD, Physiatrist, Medical Director of Rehabilitation Unit PALLADION

Krallis P.
MD, PhD, Consultant Orthopaedic Surgeon

Lycomitros V.
MD, PhD, Orthopaedic Spinal Surgeon, Geniki Kliniki, Thessaloniki

Magras J.
Neurosurgeon Associate Professor of Aristotle University of Thessaloniki

Manaos E.
MD, Physical and Rehabilitation Medicine Doctor-Physiatrist FEBPRM, Director of Physical and Rehabilitation Medicine Department in “HYGEIA” Hospital

Manolidou Z.
R.N., M.Sc.

Mitsiokapa E.
MD, PhD, FEWBPRM, PRM Physician, Research Associate, First Department of Orthopaedics, “ATTIKON” University Hospital

Moschos S.
MD, Orthopaedic Spine Surgeon, Scoliosis Spine Unit, General Hospital of Athens “KAT”

Panagiotopoulos E.
Orthopaedic Surgeon, Professor and Chairman of Orthopaedic Department Patras University Hospital

Papagelopoulos P.
MD, Dsc, Professor and Chairman, First Department of Orthopaedics, Athens University Medical School, “Attikon” University General Hospital, Athens Greece

Papanastassiou I.
MD, PhD, Orthopedic Consultant, General Oncological Hospital Kifisias “Agioi Anargyroi”

Papastefanou S.
MD, Consultant Spine Surgeon

Patsiaouras Th.
MD, Orthopaedic Surgeon Director in 5th Orthopaedic Unit, “Asklepeion” Hospital of Voula Athens

Ploumis A.
MD, Orthopaedic Spine Surgeon, Assoc. Professor and Chief Division of Physical Medicine and Rehabilitation/Department of Surgery, University of Ioannina Medical School, University Campus

Pneumatikos S.
Professor of Orthopaedic Surgery, Chairman of 3rd Department of Orthopaedic Surgery, Medical School of Athens, National & Kapodistrian University
Prokopakis D.
MD, Director of Neurosurgical Department, Central Clinic of Athens

Sapkas G.
Professor of Orthopaedics Medical School, University of Athens, Director of Orthopedic Department, “Metropolitan” Hospital

Sekouris N.
MD, PhD, Orthopaedic Consultant, Spine & Paediatric Surgeon

Sergeeivich Timofeev I.
MD (Hons), FRCS (SN), Neurosurgery, University of Cambridge, Cambridge University Hospitals NHS Foundation Trust (ADDENBROOKES)

Sideris A.
PT, OMT, Dip. Acu

Skriviliotakis S.
MD, Director of Orthopaedic Spine Department, “Metropolitan” Hospital

Soucacos P. N.
MD, FACS, Professor of Orthopaedics, University of Athens, School of Medicine

Soultanis K.
MD, Orthopaedic Surgeon, Associate Professor, Medical School, National & Kapodistrian University of Athens

Spanos G.
PT. Cred, Dip. MDT, MII Senior Instructor

Spiliotopoulos Ath.
MD, PhD, Consultant Neurosurgeon, President of Hellenic Spine Society, Chairman of AOGGR Spine

Trivedi R.
MB BS, MRCGP(UK), FHEA, FRCS(SN), PhD - Consultant Neurosurgeon at Cambridge University Hospitals NHS Foundation Trust (ADDENBROOKES)

Tsafantakis M.
MD, Spine Surgeon, Director of Spine Department, “KAT” Hospital

Velonakis G.
MD, 2nd Department of Radiology of the University of Athens, “Attikon” Hospital, Research Unit of Radiology & Medical Imaging of the University of Athens

Vlachos J.
MD, Orthopaedic - Surgeon Consultant - Coordinator of Orthopaedic Dept. “MITERA” Hospital

Vougioukas V.
Associate Professor of Neurosurgery University of Freiburg, Director of Neurosurgery Metropolitan Hospital Athens

Zibis A.
Orthopaedic Surgeon, Assistant Professor Department of Anatomy, Larissa Medical School, University of Thessaly

Zouboulis P.
Assistant Professor Orthopaedics, Spine Surgeon, Director Scoliosis and Spinal Deformity Clinic, “Mediterraneo” Hospital, Athens
Ελληνική Εταιρεία Χειρουργικής Ορθοπαιδικής & Τραυματολογίας

"Απόλλων 2016"

Πρόγραμμα

Τελετή Παραδόσεων Ορθοπαιδικής Ημερίδας - ΑΣΤΕΝΗΣ

Ορθοπαιδική και Τραυματολογική Εταιρεία Μακεδονίας Θράκης
Πανελλήνιος Σύλλογος Φυσικοθεραπευτών
Ελληνική Επιστημονική Εταιρεία Φυσικοθεραπείας
Ένωση Νοσηλευτών Ελλάδος
Εθνικός Σύνδεσµος Νοσηλευτών Ελλάδος
Ελληνική Εταιρεία Σπονδυλικής Στήλης

Οργάνωση - Γραµµατεία
Marathonis 26, 15124 Marousi
Τηλ.: 210 6827405, 210 6839690-1, Fax: 210 6827409
E-mail: estasinou@tmg.gr, Web site: tmg.gr

Λάρισα 18/06
Κρήτη 25/06
Καλαμάτα 15 - 16/7
Ιωάννινα 10/09
Συνέδριο
Ορθοπαιδικής Χειρουργικής & Τραυματολογίας

12-15 Οκτωβρίου 2016
Divani Caravel
Αθήνα

Συνεργαζόμενοι φορείς
Ορθοπαιδική και Τραυματολογική Εταιρεία Μακεδονίας Θράκης
Ελληνική Εταιρεία Σπονδυλικής Στήλης
Ελληνική Επιστημονική Εταιρεία Φυσικοθεραπείας
Εθνικός Σύνδεσμος Νοσηλευτών Ελλάδος
Ελληνική Εταιρεία Σπονδυλικής Στήλης

2η Ορθοπαιδική Νοσηλευτική Ημερίδα
Συνεργασία με το Cambridge University Hospitals Nuffield Foundation Trust

Χαρίζονται Πιστοποιητικά με μόρια (credits) Συνεχιζόμενης Εκπαίδευσης (CME - CPD)

Οργάνωση - Γραμματεία:
Τηλ.: 210 6827405, 210 6839690 - 1, Fax: 210 6827409,
E-mail: estasinou@tmg.gr, Web site: www.tmg.gr

Ορχήστρα - Γκιάννης Ντίζινος

Οργάνωση - Γραμματεία:
The MASTERMIND Group
O r g a n i z i n g y o u r s u c c e s s
Μαραθωνομάχων 26, 151 24 Μαρούσι
Τηλ.: 210 6827405, 210 6839690 - 1, Fax: 210 6827409,
E-mail: estasinou@tmg.gr, Web site: www.tmg.gr
International SPINE Master Course 2016

09-12 June
H.A.O.S.T. Amphitheater Athens

Course Secretariat
26 Marathonomachon St., 15124 Amaroussion, Attiki
Tel.: +30210 6827405, +30210 6839690-1, Fax: +30210 682740
E-mail: estasinou@tmgr.gr
www.tmgr.gr
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