

**22nd International Association for Adolescent Health (IAAH)
Regional Conference**

“Youth Development Challenges in the post Covid-19 era”

October 5-7th 2022



Scientific Program

Wednesday, October 5th, 2022

University Aula/ Main Hall

19.30-20.30

Opening Ceremony

*Journalist **Lina Drouga** as presenter*

Welcomes

*Ministry of Education, Minister **Niki Kerameus***

Ministry of Health, YFS Ambassador Dep. Minister **Zoe Rapti***

*Ministry of Migration, Dep. Minister **Sofia Voultepsi***

Region of Attica, YFS Ambassador **George Patoulis***

*WHO Greece, **Joao Breda***

National and Kapodistrian University of Athens

*Professor and Dean **Emmanouil. Pikoulis***

*IAAH Conference Presidents, **Nicola Gray & Artemis Tsitsika***

*Youth participation as the basis for building YFS**

Nina Ferencic, UNICEF

Voices of Youth

Youth Council

Video and music concert

Welcome Reception

Kostis Palamas Building

**Youth Friendly Services (YFS)*

University Aula/ Main Hall

14.00 -18.00 **Workshop 1 – Euteach Training Workshop**

Facilitators: **P.A. Michaud, H. Fonseca**
Communication skills with youth & role plays
E. Panagouli, Youth Council Participation

Argyriadis/ Hall A

14.00 -18.00 **Workshop 2 – Euteach Training Workshop**

Facilitators: **N. Gray, K. Boisen**
Chronic Conditions & Transition services
M. Brenner, T. Sergentanis

Kostis Palamas/Hall B

Workshop 3 – Unesco Training Workshop

14.00 -18.00 Facilitators: **A. Ilieva, V.Boumba, A.Thirios, Y.Plakhutina**
*Youth empowerment to endure health and wellbeing:
a case for youth-led media with participation of young people
and youth media*
E.Turalieva, K.Kabatova, M. Medvedchikova, N.Döring

14.00 -18.00 **Workshop 4 - Euteach Training Workshop**

(Venue to be announced)

Facilitators: **E. Godeau, S Stronski**
School environment promoting health

14.00 -18.00 **Workshop 5 - - Euteach Training Workshop**

(Venue to be announced)

Facilitators: **P-A. Michaud, K. Boisen**
*Applying an ethical framework and assessing
adolescent's autonomous decision making*

Please check details about the workshops at the end of the programme

19.30-20.30 Opening Ceremony University of Athens Building

Welcome Reception Kostis Palamas Building
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Thursday, October 6th, 2022

University Aula/ Main Hall

09.00 -10.00 **Plenary Lecture 1**

Chairs: **N. Gray, A. Tsitsika**

Adolescent Health: what we know and what to expect...

R. Viner

10.00 -10.30 **Coffee Break**

10.30 -12.30 **Symposium 1**

Migrant and Refugee adolescents: how do we respond?

Chairs: **P.A Michaud, Em. Pikoulis**

- Overview of adolescent migration flow in Europe

H. Moskoff

- How do we respond to the health care needs of migrant and refugee adolescents? **E.Riza**

- Improving the resilience for and with refugee adolescents: experiences from the Balkans, Italy and Africa Improving resilience

A. Georgalis and R. Thomson

12.30 -13.00 **Lecture 1**

Chairs: **P. Lagiou, C. Spiliopoulou**

Why do adolescents die? Main causes of youth death and ways to prevent

D.E. Greydanus

13.00 -13.30 **Lecture 2**

Chairs: **E. Deligeoroglou, M. Tsolia**

HPV prevention worldwide

T. Agorastos

Youth Council Participation

13.30 -15.00 **Lunch Break**

15.00 -16.00 **Plenary Lecture 2**

Chairs: **D.E.Greydanus, C. Papageorgiou**

The Concurrent and Future Effects of Covid-19 related Stress

G.P. Chrousos

16.00 -18.00 **Symposium 2**

Chairs: **G.Mastorakos, K. Karavanaki**

Chronic conditions in adolescence: recent advances in Management and health care

Novel Therapies for Adolescent Chronic Diseases

F. Bacopoulou

Holistic health care- meeting all needs

M. Brenner

Transition Services : challenges and gained experience

K. Boisen

Discussion with youth

18.00 -19.00 **Oral Presentations 1**
Presidents: **G. Vartzelis, Cl. Richardson**

Argyriadis / Hall A

10.30 -11.30 **Oral Presentations 2**
Presidents: **V. Benetou, I. Mourouzis**

11.30 -12.00 **Lecture 3**
Chairs: **N. Skenteris, T. Dardavesis**
War crisis in Ukraine and public health concerns
T. Psaltopoulou

12.00 -13.30 **Round Table 1**
Chairs: **F.Bacopoulou, C. Lionis**
Specific health problems in adolescence
Substance abuse epidemiology-the HSBC study
A. Kokkevi
HIV infection and hepatitis viruses in youth
D. Paraskevis
Acne and dermatological concerns - psychodermatology
A. Tsaraklis
Adolescent Gynecomastia
E. Vlachopapadopoulou

13.30 -15.00 **Lunch Break**

16.00 -18.00 **Round Table 2**
Chairs : **J.Breda, A. Hatzis**
Primary Health Care concerning youth
Developing Youth Friendly Services in the Community
V. Baltag
Primary Health Care Guidelines for professionals
J. Breda
Community Based Health Programs
A. Tsitsika

18.00 -19.00 **Poster Presentations 1**
Presidents: **A. Stavridou, M. Koukouvitaki**

Kostis Palamas/ Hall B

15th STATE OF THE ART Adolescent Health/Congress
Greek Society of Adolescent Medicine (G.S.A.M.)

- 10.30 -12.00 **Symposium 3**
Chairs : **T. Yepoyan, D. Jourdan**
**Schooling, health/sexuality education and COVID-19:
lessons learnt and ways forward**
*Learning experience of students during pandemic from their
perspective*
C. Kirsch
*Health/sexuality education and sexual and reproductive health
service during and after pandemic*
E. Panagouli
*Impact of school closures on learners physical and mental
health*
E. Scott
- 12.00 -13.30 **Round Table 3**
School Nursing
Creating and Promoting a healthy school environment
Chairs: **V. Louvari, T. Polykandriotis**
*«Learning method of childhood diabetes through electronic
devices»,*
C. Kotsani.
«Evaluation of pupils' knowledge o kidneys health»,
T. Vassilikopoulos.
*«The management of epilepsy in schools: The role of school
nurses in delivering knowledge to students and school staff»,*
T. Koutsoupis.
*«Teaching first aids program in primary schools: The School
health project experience»,*
T. Polykandriotis.
*«Health promotion in schools: An olistic innovative strategy in
primary schools»,*
S. Psarouli.
- 13.30 -15.00 **Lunch Break**
- 16.00 -17.00 **Sponsored Debate**
- 17.00 -17.30 **Lecture 4**
Chairs: **E. Charmandari, P. Papaggelopoulos**
Behavioral Aspects of Sports Medicine
D.E. Greydanus
- 17.30- 19.00 **Sponsored Round Table**

Friday, October 7th, 2022

University Aula/ Main Hall

- 09.00 -10.00 **Plenary Lecture 3**
Chairs: **V. Baltag, A. Tsouros**
School health during the pandemic and the role of WHO
M. Weber
- 10.00 -10.30 **Coffee Break**
- 10.30 -12.30 **Symposium 4**
Mental Health issues in the post covid-19 era
Chairs: **N. Ferencic, N. Stefanis**
Self-harm and suicidal behavior: clinical approach & responses **PA.Michaud,**
Anxiety symptoms and somatization **A.S.Antoniou**
Youth participation as a way to improve mental health
G. Lesco
Discussion with youth
- 12.30 -13.00 **Lecture 5**
Chairs: **T. Psaltopoulou, N. Thomaidis,**
Climate change in the globe : long term effects and potential solutions
T. Sergentanis
- 13.00 -13.30 **Sponsored Lecture**
- 13.30 -15.00 **Lunch Break**
- 15.00 -16.00 **Plenary Lecture 4**
Chairs: **A. Lymperaki, D. Boumpas**
Health inequalities in a time of crisis
J. Klein, Sir M. Marmot
- 16.00 -18.00 **Symposium 4**
Chairs: **M. Meimaris, T. Yepoyan**
Adolescents: violence and trauma. How to prevent, respond and support
Violence, bullying and cyberbullying: scope, impact and response
C.Cornu
LGBT rights as human rights
E. Karamagioli
Sexual violence and assault
Ch. Iliopoulou
Can art help reduce violence and bullying?
A.Ilieva

Discussion with youth

18.00 -19.00 **Oral Presentations 3**
Presidents: *E. Tsekoura, H. Tzavara*

Argyriadis / Hall A

10.30 -11.30 **Oral Presentations 4**
Presidents: *A. Kalokairinou, P. Stavrou*

11.30 -12.00 **Lecture 6**
Chairs: *T. Zaoutis, R. Viner*
The Covid-19 virus infection health burden & future patterns
G. Magiorkinis

12.00 -13.30 **Round Table 4**
Chairs: *A.Galli-Tsimopoulou, Em. Roilidis*
High morbidity conditions in adolescence
Eating Disorders
A.Galli-Tsinopoulou
Youth with Cancer
Em. Hatzipantelis
Chronic abdominal pain
D. Philipou

13.30 -15.00 **Lunch Break**

16.00 -18.00 **Round Table 5**
Chairs: *N. Vlachos, G. Creatsas*
Sexual development and health
Contraception choices
F. Bacopoulou
Adolescent Pregnancy
P. Christopoulos
Sexually transmitted diseases
A. Tsaraklis

Discussion with youth

18.00 -19.00 **Poster Presentations 2**
Presidents: *S. Michaleas, A. Pardalis*

Kostis Palamas/ Hall B

15th STATE OF THE ART Adolescent Health/Congress
Greek Society of Adolescent Medicine (G.S.A.M.)

- 10.30 -12.00 **Round Table 6**
Chairs: **F. Polichroni, S. Papadaku**
Developmental challenges
ADHD: interventions and career choices
Em. Tsalamanios
Autism spectrum disorders
L. Athanasopoulou
Parenting needs for youth with developmental challenges
P. Papadopoulou & E.Tzila
- 12.00 -13.30 **Round Table 7**
Public Health Interventions aiming to youth wellness
Chair: A. Barbouni, A. Lagiou
Participatory approach in school-based health promotion interventions. E. Sakellari.
Vaccination coverage, according to the National Immunization Schedule, among undergraduate students. E. Andrie
Borderline Personality Disorders in Adolescents and Young Adults. C. Vavanou
- 13.30 -15.00 **Lunch Break**
- 16.0 -17.00 **Youth Debate**
Is the impact of social media on teenagers positive or negative?
- 17.00 -17.30 **Lecture 7**
Chairs: **C. Dalla, L. Markaki**
Women leadership and barriers (direct and indirect)
M. Pagoni
- 17.30 -18.00 **Lecture 8**
Chairs: **A.Costa, D.Mylonaki**
Young women's health : a dedicated setting in Cyprus
M. Kaelides
- 18.00- 19.00 **HACKATHON SELMA annual youth contest**
(dedicated to climate change)
- 19.00-20.00 **Closing Ceremony-Awards**
- 21.00 **Gala Dinner**

EUTEACH AND UNESCO TRAINING WORKSHOPS (Nb. 1, 2, 3, 4, 5)

As part of the congress, the faculties of the Euteach teaching program (www.euteach.com) and UNESCO organize five training workshops for health professionals who want to improve their knowledge and skills in adolescent medicine and health (Euteach workshops 1,2,4 & 5 and Unesco workshop 3).. These highly interactive workshops cover various health topics and how to respond, taking into account the specific needs of adolescents. The participation is limited to 30 health professionals and is free. The five areas that will be covered are:

- How to improve your communication skills with adolescents*
- How to handle the follow-up of adolescent with chronic conditions, including transition*
- How to empower youth towards wellbeing through youth led media*
- How can schools become health promoting*
- How to address situations that carry ethical concerns and dilemmas*

The participation to the workshops is free of charge, but participants need to register and acceptance will be made according to the order of subscription. Certificates of participation will be provided from Euteach and UNESCO.

Chairs and Speakers

Theodoros Agorastos

*Professor Emeritus of Obstetrics and Gynecology
Aristotle University of Thessaloniki
President of Hellenic HPV society- Greece*

Elisabeth Andrie

*MD, PhD, Pediatrician,
Acad. Fellow, Department of Public and Community Health
School of Public Health, University of West Attica
MSc "Strategies of Developmental and Adolescent Health"*

Alexandros-Stamatios Antoniou

*Professor of Psychology
Chair of the MSc "Special Education and Training"
National and Kapodistrian University of Athens - Greece*

Lillian Athanasopoulou

*Child-Adolescent Psychiatrist
Scientific Head of the Medical-Pedagogical Center General Hospital "G.
PAPANIKOLAOU" ,Thessaloniki, Greece*

Flora Bacopoulou

*Assoc. Professor of Pediatrics-Adolescent Medicine,
Head of Center for Adolescent Medicine, UNESCO Chair in Adolescent
Health Care, 1st Dpt of Pediatrics, School of Medicine, National and
Kapodistrian University of Athens, Aghia Sophia Children's Hospital, Greece
Head of Health Technology Assessment (HTA) Committee, Greek Ministry of
Health*

Valentina Baltag

*Unit Head, Adolescent and Young Adult Health, Department of Maternal,
Newborn, Child & Adolescent Health & Ageing, World Health Organization*

Anastasia Barbouni

*Pediatrician Msc, PhD,
Professor of Public Health, University of West Attica, Athens - Greece*

Vassiliki Benetou

*Pediatrician, Professor of Hygiene and Epidemiology, Department of Hygiene,
Epidemiology and Medical Statistics, School of Medicine, National and
Kapodistrian University of Athens (NKUA), Greece.*

Kirsten Boisen

*MD PhD Pediatrics
Copenhagen University Hospital*

Vasiliki Boumpa

*Clinical Psychologist, MSc
MSc "Developmental and Adolescent Health Strategies"
PhD Candidate of School of Medicine
National and Kapodistrian University of Athens*

Dimitrios Boumbas

*Professor of Rheumatology –Internal Medicine, School of Medicine,
National and Kapodistrian University of Athens Greece
Head of the Dpt of Internal Medicine -, Attikon Hospital, Athens Greece
IIBEAA Researcher
President of the Athens Medical Society*

Dr Joao Breda

*PhD MPH MBA
Head, WHO Athens Quality of Care and Patient Safety Office & Special
Adviser for the Regional Director
Division of Country Health Policies and Systems
WHO Greece*

Maria Brenner

*Full Professor of Children's Nursing,
School of Nursing, Midwifery & Health Systems, University College Dublin*

Evangelia Charmandari

*MD, MSc, PhD, MRCP(UK), CCST(UK)
Professor of Pediatrics – Pediatric and Adolescent Endocrinology
National and Kapodistrian University of Athens School of Medicine
1st Dpt of Pediatrics, 'Aghia Sophia' Children's Hospital*

Panagiotis Christopoulos

*Assis. Professor of Adolescent Gynecology
2nd Obstetrics and Gynecology Clinic - National and Kapodistrian University
of Athens School of Medicine
"Aretaion" University Hospital of Athens-Greece*

George P. Chrousos

*Professor Emeritus of Pediatrics - Endocrinology
Holder UNESCO Chair in Adolescent Health Care, 1st Dpt of Pediatrics,
School of Medicine, National and Kapodistrian University of Athens-Greece*

Christophe Cornu

*Senior Programme Specialist & Team Leader, Section for Health & Education,
UNESCO*

Alberto Costa

*CEO of the European School of Oncology
Scientific Advisor of the Breast Unit of the Italian speaking region of
Switzerland
Clinical Director of the breast cancer center Multimedica*

George Creatsas

*Professor Emeritus of Obstetrics and Gynecology
School of Medicine, National and Kapodistrian University of Athens-Greece*

Christina Dalla

*Assoc. Professor of Pharmacology, Medical School, National and
Kapodistrian University of Athens-Greece
Deputy Chairman of the Gender Equality Committee of National and
Kapodistrian University of Athens-Greece*

Theodoros Dardavesis

*Professor of Hygiene and Social Medicine
Laboratory of Hygiene, Social & Preventive Medicine and Medical Statistics
Department of Medicine
Dean of Health Science of Aristotle University of Thessaloniki.*

Efthymios Deligeoroglou

*MD, PhD, Professor Emeritus of Obstetrics & Gynecology, Pediatric &
Adolescent Gynecology, Athens University, Medical School, President of the
"Hellenic Society of Gynecological Endocrinology"*

Nina Ferencic

Senior Adviser on YP Health and Development, UNICEF

Dimitrios Filippou

*General Surgeon,
Assis. Professor of Anatomy, School of Medicine, National and Kapodistrian
University of Athens-Greece
President of the National Organization for Medicines of Greece*

Helena Fonseca

*Professor in Paediatrics
Head of the Adolescent Medicine Division, Department of Paediatrics
Head of the Paediatric Obesity Clinic, Department of Paediatric
Hospital de Santa Maria/Faculdade de Medicina da Universidade de Lisboa
(Portugal)*

Asimina Galli-Tsinopoulou

*Professor in Paediatrics - Paediatric Endocrinology, School of Medicine,
Faculty of Health Sciences, Aristotle University of Thessaloniki, Greece
Head of 2nd Department of Paediatrics, School of Medicine, Faculty of Health
Sciences, Aristotle University of Thessaloniki, Greece at AHEPA University
General Hospital
ECTS Coordinator of the Erasmus Programme for incoming medical students,
School of Medicine, Faculty of Medicine, Faculty of Health Sciences, Aristotle
University of Thessaloniki, Greece*

Alexios Georgalis

*International Consultant to the United Nations, Youth Policy/HealthExpert.
PhD cand. Social and Environmental Psychology,
Department of Psychology, National and Kapodistrian University of Athens.*

Emmanuelle Godeau

*MD, PhD
Lecturer at Ecole des hautes études en santé publique, France*

Nicola Gray

*International Association for Adolescent Health, Vice President-European
Region*

Donald E. Greydanus

*Doctor Honoris Causa (Athens)
Professor and Founding Chair
Department of Pediatric and Adolescent Medicine, Western Michigan
University
Homer Stryker M.D. School of Medicine, Kalamazoo, Michigan, United States
of America, Mayo Clinic Distinguished Alumnus*

Emmanouel Hatzipantelis

*Assoc. Professor in Pediatrics & Pediatric Hematology-Oncology
Head of Children's & Adolescent's Hematology-Oncology Unit,
2nd Department of Paediatrics, School of Medicine, Faculty of Health
Sciences, Aristotle University of Thessaloniki, Greece at AHEPA University
General Hospital*

Anastasios Hatzis

*Pediatrician - Intensive Care Specialist
Former Director of the Children's ICU of the Children's Hospital "Agia Sofia"
Former President of EOM & Member of the Board of the Mesical Society of
Athens - Scientific Advisor EODY*

Alexandra Ilieva

*MA, Digital Media Project Coordinator
UNESCO Institute for information technologies in education (IITE)*

Chrysoula Iliopoulou

*MSW / MEd, Psychotherapist, Clinical Sexologist, Member of the Scientific
group of "All about Sex" section, we-knowhow.gr youth to youth platform*

Didier Jourdan

*Chair holder of the UNESCO Chair "Global Health & Education"
Full Professor at INSPE Clermont-Auvergne*

Karlygash Kabatova

MBA, MHS, Researcher, founder of Uyat.emes.kz youth media

Michalis Kaelides

*General/Breast Surgeon
President of the Cyprus Surgical Society
Member of the National Committee for Cancer
Co-founder of the Breast Center of Cyprus*

Athina Kalokairinou

*Professor of Community Nursing
National and Kapodistrian University of Athens, Greece*

Evika Karamagioli

*Jurist, Scientific Associate, MSc programme "Global Health – Disaster
Medicine", School of Medicine,
National and Kapodistrian University of Athens (NKUA)-Greece*

Kyriaki Karavanaki

*Professor of Pediatrics and Pediatric Endocrinology, Head of the Diabetes and
Metabolism Unit, 2nd Department to Pediatrics, National and Kapodistrian
University of Athens, Greece.*

Claudine Kirsch

*Assoc. Professor, Faculty of Humanities, Education and Social Sciences,
University of Luxembourg*

Jonathan Klein

*President, IAAH; The Savithri and Samuel Raj Professor of Pediatrics and
Executive vice head of the Department of Pediatrics at the University of Illinois
Chicago (UIC) College of Medicine, USA*

Anna Kokkevi

*Professor Emeritus of Psychiatry
National and Kapodistrian University of Athens-Greece*

Constantia Kotsani

*R.N., MSc in diabetes mellitus, Gerontology Coordinator Community Nursing
Clinical Trainer, University General Hospital of Thessaloniki «AXEPA».*

Maria Koukouvitaki

*Pediatrician
MSc "Strategies of Developmental and Adolescent Health", School of
Medicine, National and Kapodistrian University of Athens , Greece*

Theodoros Koutsoupis

*R.N., MSc "Mental Health" , PgDip (Ed), Adult Educator, School Nurse,
Primary School of Agias Triadas, Primary Education of Eastern Thessaloniki*

Areti Lagiou

*Professor of Epidemiology, Disease Prevention and Public Health
Head of the Laboratory of Hygiene and Epidemiology, and Chair of the
Department of Public and Community Health
University of West Attica*

Pagona Lagiou

*Professor and Chair, Dpt. of Hygiene, Epidemiology and Medical Statistics,
School of Medicine - National and Kapodistrian University of Athens
Adjunct Professor of Epidemiology
Harvard T. H. Chan School of Public Health*

Galina Lesco

*Head of National Resource Centre for Youth-Friendly Health Services,
NEOVITA Health for Youth Association – Moldova*

Christos Lionis

*Professor of General Practice and Primary Health Care at the School of
Medicine, University of Crete
Head of the Clinic of Social and Family Medicine at the School of Medicine,
University of Crete*

Vasiliki Louvari

*R.N., MSc Health Units' Management, Postgraduate educator of children with
diabetes & their family, certified adult educator, General Hospital of
Messolonghi*

Antigoni Lymperaki

*Professor of Economics, Panteion University, SHARE Research Officer for
Greece*

Lilian Markaki

*Psychiatrist
Member of the Board of Hellenic Psychiatric Society & Medical Association of
Athens, Greek Society for Adolescent Medicine/Health*

Gikas Magiorkinis

*Assist. Professor of Hygiene and epidemiology
Dpt of Hygiene, Epidemiology and Medical Statistics,
School of Medicine, National and Kapodistrian University of Athens
Visiting Professor, University of Cagliari*

Sir Michael Marmot

*Professor of Epidemiology at University College London, Director of the UCL
Institute of Health Equity-UK*

George Mastorakos

*Professor of Endocrinology
Second Department of Obstetrics and Gynecology, Aretaieion Hospital,
National and Kapodistrian University of Athens, School of Medicine*

Maria Medvedchikova

Health education project coordinator, UNESCO Institute for information technologies in education (IITE)

Michael Meimaris

*Professor Emeritus, Faculty of Communication and Media Studies, NKUA
Immediate Past Member of the Board of the UNESCO Institute for Information Technologies in Education (IITE)*

Spyros Michaleas

PhD, Research Associate, Dpt of History of Medicine and Medical Ethics, Medical School, National and Kapodistrian University of Athens, Greece

Pierre-André Michaud

*Honorary Professor and Vice-Dean, Faculty of Biology & Medicine, University of Lausanne
Founder of the Multidisciplinary Unit for Adolescent Health and the Euteach program
Independant consultant in school & adolescent health and in medical education – Switzwerland*

Heracles Moskoff

*PhD, London School of Economics
Minister Expert Counselor at the Ministry of Foreign Affairs of Greece*

Iordanis Mourouzis

Assoc. Professor of Pharmacology, Medical School, National and Kapodistrian University of Athens - Greece

Despoina Mylonaki

*MD, PhD General Surgeon
Laparoscopic and Robotic surgery- Athens, Greece*

Matina Pagoni

*Chair of the Board of Hellenic Society of Internal Medicine
Director of Internal Medicine Dpt,
General Hospital of Athens «G. Gennimatas »
Scientific Head of Lipid Clinic, General Hospital of Athens «G.Gennimatas»
President of Association of Doctors of Athens and Piraeus
Vice President of OENGE*

Eleni Panagouli

*Pediatrician, Phd
Academic Fellow of MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens , Greece*

Stavroula Papadakou

*Pediatrician-Developmental Pediatrics
Former Coordinator - Director of Pediatric Dpt Asklipieio Voula
Vice President of the Board "Spyros Doxiadis" Unit &
Vice President of the Greek Society of Adolescent Medicine/Health*

Pinelopi Papadopoulou

*Clinical Psychologist
MSc "Strategies of Developmental and Adolescent Health",
School of Medicine, University of Athens, Greece*

Panayiotis J. Papagelopoulos,

*MD, DSc, FACS
Professor & Chairman, First Department of Orthopedics, Athens University
Medical School
Director, Orthopaedic Research and Education Center "Panayotis N.
Soucacos", Attikon University General Hospital, Athens Greece*

Charalampos Papageorgiou

*Professor Emeritus of Psychiatry
National and Kapodistrian University of Athens, Greece*

Dimitrios Paraskevis

*Assoc. Professor of Epidemiology - Preventive Medicine, Laboratory of Health
Epidemiology and Medical Statistics, School of Medicine, National and
Kapodistrian University of Athens, Greece*

Anna Pardalis

*Pediatrician
MSc "Strategies of Developmental and Adolescent Health",
School of Medicine, National and Kapodistrian University of Athens , Greece*

Emmanouil Pikoulis

*Dean of School of Health Sciences
Professor & Chairman of the 3rd Department of Surgery,
"Attikon" University General Hospital
School of Medicine, National and Kapodistrian University of Athens,
European Jean Monnet Chair in Humanitarian medicine and response in
action (2020-2023)*

Yulia Plakhutina

MA, National Health Education Programme Officer, UNESCO IITE

Fotini Polichroni

*Assoc. Professor in Educational Psychology.
National & Kapodistrian University of Athens, Greece*

Tzannis Polykandriotis

*R.N., R.N.M.H., MSc, P Dip (Ed), Psychiatric Hospital of Attica, General
Secretary of the Hellenic Regulatory Body of Nurses.*

Theodora Psaltopoulou

*Professor of Epidemiology and Preventive Medicine
Dpt of Clinical Therapeutics, School of Medicine,
National and Kapodistrian University of Athens, Greece*

Sofia Psarouli

R.N., MPH, Clinical Nursing Trainer, School Nurse, Primary School «Agios Vasileios», of Patras.

Clive Richardson

*Professor Emeritus of the Dpt of Economic and Regional Development,
Panteion University, Athens, Greece*

Elena Riza

*MPH, MSc, PhD, DLSHTM
Epidemiologist- Public Health Specialist
Research & Teaching Faculty
Dept Hygiene, Epidemiology & Medical Statistics
School of Medicine, National and Kapodistrian University of Athens*

Emmanuel Roilidis

*Professor of Pediatrics-Infectious Diseases
Director of the 3rd Department of Pediatrics
Aristotle University of Thessaloniki, Greece*

Evanthia Sakellari

*Assoc, Professor, Dpt of Public and Community Health, Laboratory of
Hygiene and Epidemiology, University of West Attica.*

Eileen Scott

Health Intelligence Principal, Public Health Scotland

Theodoros Sergentanis

*Assist. Professor of Epidemiology and Research Methodology, Department of
Public Health Policies, University of West Attica, Athens, Greece
MSc "Strategies of Developmental and Adolescent Health", School of
Medicine, National and Kapodistrian University of Athens , Greece*

Nikolaos Skenteris

*Assoc. Professor of Pediatrics-Social & Developmental Pediatrics,
School of Medicine of the University of Thessaly- Greece*

Chara Spiliopoulou

*Professor of Forensic Medicine and Toxicology
School of Medicine, National and Kapodistrian University of Athens , Greece*

Androniki Stavridou

Military Psychologist, MSc, Hellenic Army Academy, MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens , Greece,

Piliou -Dimitris Stavrou

*Assist. Professor of Psychology
National and Kapodistrian University of Athens , Greece*

Nikos Stefanis

*MD, FRANZCP, Professor of Psychiatry,
School of Medicine, National and Kapodistrian University of Athens
Vice-director of the University Mental Health Research Institute, Greece*

Susanne Stronski

Pediatrician, MSc of Public Health, Independent Consultant Child and Adolescent Health, School Health

Athanasios Thirios

Pediatrician, Academic Fellow of MSc "Strategies of Developmental and Adolescent Health", School of Medicine, National and Kapodistrian University of Athens , Greece

Nikos Thomaidis

*Professor of Analytical Chemistry
National and Kapodistrian University of Athens, Greece*

Robert Thomson

*MD, Public health specialist
Geneva Foundation for Medical Education*

Emmanuel Tsalamaniotis

*Child Psychiatrist, Director (NHS).
Dpt of Child and Adolescent Psychiatry
"Asklepieio Voulas" General Hospital*

Athanasios Tsaraklis

*Dermatologist Venereologist, PhD
Sotiria Hospital, Athens Greece*

Efrosyni Tsekoura

*Pediatrician- Neonatologist-Developmental Pediatrics
Director of the Pediatric Department, "Asklepieio Voulas" General Hospital
Honorary Fellow in Neonatal Neurology, Hammersmith Hospital, Imperial College UK*

Artemis K. Tsitsika

*Assoc. Professor of Pediatrics-Adolescent Health
Chair of the MSc "Strategies of Developmental and Adolescent Health"*

*Scientific Head of WHO Youth Friendly Services Programs of the National and Kapodistrian University of Athens and
Train the Trainer Curriculums of the Greek Ministry of Health
President of the Greek Society of Adolescent Medicine/Health*

Maria Tsolia

*Professor of Pediatrics - Infectious Diseases
Director of the 2nd Dpt of the National and Kapodistrian University of Athens,
"P. & A. Kyriakou" Childrens' Hospital, Athens-Greece*

Agis Tsouros

*Former Director of Policy and Governance for Health and Wellness at the
WHO Of Europe*

Elina Turalieva

Chief Editor and manager, TEENS.KG youth media

Chara Tzavara

*Biostatistics, Academic fellow of Laboratory of Hygiene, Epidemiology and
Medical Statistics, School of Medicine, National and Kapodistrian University of
Athens , Greece
MSc "Strategies of Developmental and Adolescent Health",
School of Medicine, National and Kapodistrian University of Athens , Greece*

Efthalia Tzila

*Child psychiatrist, Academic Fellow
MSc "Strategies of Developmental and Adolescent Health",
School of Medicine, National and Kapodistrian University of Athens, Greece*

Theodoros Vassilikopoulos

R.N., MSc, PhD(c), School Nurse, Special Elementary School of Pyrgos.

George Vartzelis

*Assoc. Professor of Pediatric Neurology, Athens Medical School, National and
Kapodistrian University of Greece*

Russell Viner

*Professor of Adolescent Health, UCL Great Ormond St. Institute of Child
Health, London, UK*

Nikolaos Vlahos

*Professor of Obstetrics and Gynecology and Assisted Reproduction
Director of the 2nd Dpt of Obstetrics/Gynecology-
National and Kapodistrian University of Athens School of Medicine
"Aretaion" University Hospital of Athens
Vice President of the Directory Board of the Greek Society of Adolescent
Medicine/Health*

Elpis Vlachopapadopoulou

Pediatrician-Endocrinologist, Director of Endocrinology-Growth & Development Department, "P. & A. Kyriakou" Childrens' Hospital

Martin Weber

*MD Public health specialist
World Health Organization (Europe)*

Tigran Yepoyan

*Regional Health Education Advisor for Eastern Europe and Central Asia,
UNESCO*

Theoklis Zaoutis

*President of National Public Health Organization
Professor of Pediatrics, School of Medicine, National and Kapodistrian
University of Athens , Greece
Werner and Gertrude Henle Professor of Pediatrics and Professor of
Epidemiology at the Perelman School of Medicine at the University of
Pennsylvania*

Youth Council

*Anastasia Ahtipi
George Chardas
Panagiota Diamantopoulou
Ioannis Kapetanios
Myrsini Livanou
Katerina Mpakela
Dionyssios Panagoulis
Konstantinos Papadakis*

*Alexia Papageorgiou-Karadima
Ioannis Retzepis
Alexia Sahini
Maria Stephanidou
Ioannis Tsilinigras
Ilias Tsinganos
Vasilis Tsolos
Mairy Vidali*

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